

Smell Walk Recorder

	Name of smell	Location	Intensity (weak/strong)	Like/dislike	Expected? (yes/no)	Comments
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
11.						
12.						

Adapted from Kate McLean's Smellfie Kit, with kind permission.

Please share your completed form with us via the website or on Twitter (@efbond / @MonaBozdog)!
#mysugarstory